



# Not All Disability Is Visible

The majority of disabled people have impairments that can't be seen. This sometimes means that their disability is not taken seriously.

Members with a hidden disability have the same rights at work as members with a visible disability.

Wherever you work, an Usdaw rep or official (Area Organiser) is not far away.

For more information on your rights at work, or if you need help with workplace adjustments, contact your rep or call our helpline on **0800 030 80 30**



To find out more visit:  
[www.usdaw.org.uk/equalities](http://www.usdaw.org.uk/equalities)  
or email [equalitymatters@usdaw.org.uk](mailto:equalitymatters@usdaw.org.uk)



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