Want To Know More?

Go to www.usdaw.org.uk

USDAW

Start Exploring

Our website features dedicated areas for Reps, Member Support, News, Events, Workers' Rights, Legal Advice, Health and Safety, Pensions, Equality and much more.

Winning Through Campaigning

Visit the Union's award-winning Campaigns area to see how you can get involved with the latest campaign activities – including Freedom From Fear, A New Deal for Workers, Supporting Parents and Carers, Celebrating Neurodiversity, Pensions Awareness, Together Against Hate, Not All Disability is Visible, Safe Journeys to Work, Usdaw for Labour, Me, Work and the Menopause, Young Workers, National Minimum Wage, Sexual Harassment and Mental Health Awareness: **www.usdaw.org.uk/campaigns**

Scan the QR code to get started

Visit www.usdaw.org.uk

Rights at Work

Download our latest leaflets, guides and posters: **www.usdaw.org.uk/publications**

Training and Development

Find out more about Usdaw's training opportunities and how to get involved: **www.usdaw.org.uk/training**

Online Learning Gateway

View the range of learning options for members and reps: **www.usdaw.org.uk/learninggateway**

Member Discounts and Offers

Check out Usdaw's first-class benefits package and view the latest member offers: **www.usdaw.org.uk/offers**

Update Your Details

Let us know when you move house, or change your telephone number or email address: **www.usdaw.org.uk/update**

Read the Usdaw Magazines

Our award-winning magazines (*Arena* for members and *Network* for reps) are available to read: **www.usdaw.org.uk/network** **www.usdaw.org.uk/arena**

Stay Connected

Get involved on social media! We're on Facebook, X, YouTube, Flickr and Instagram.

Accessibility

Our new website incorporates the 'ReciteMe' toolbar to help create an inclusive experience for all.

The screen reader will read aloud the website text, and the styling tools can be used to customise the website to best suit your needs by enlarging text, adding spacing or changing the colour scheme.

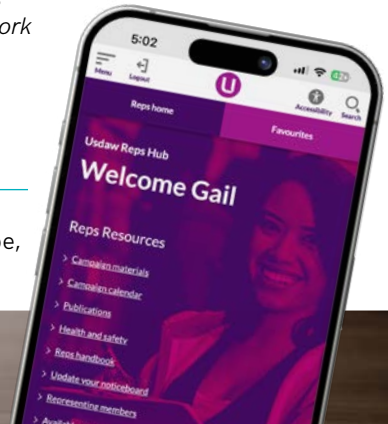
The whole site can also be translated into different languages!

Reps Area

Our reps area provides features solely for reps: **www.usdaw.org.uk/reps**

Log in to view the latest training courses, resources, advice and guides.

Create your own library of 'favourited' publications, or refresh your noticeboard using the latest posters: **www.usdaw.org.uk/noticeboard**



You can also personalise several Usdaw/Sata posters with your own details: **www.usdaw.org.uk/postertemplates**

More Information

Usdaw Nationwide

Wherever you work, an Usdaw rep or official (Area Organiser) is not far away. For further information or assistance, contact your Usdaw rep or local Usdaw office. Alternatively, you can phone our Freephone Helpline **0800 030 80 30** to connect you to your regional office, or visit our website: **www.usdaw.org.uk**
You can also write to the Union's Head Office. Just write **FREEPOST USDAW** on the envelope and put it in the post.

Join Usdaw

You can join online at:
www.usdaw.org.uk/JoinUs

Scan the QR code to join today

What Happens Next

Once we process your application, you will receive a membership card with our Helpline telephone number and a New Member's Pack giving details of all the benefits and professional services available to you.

Lft 390 November 2025
Stock photography, posed by models

USDAW

Our publications are regularly updated. View the latest version at: **www.usdaw.org.uk/390**